



Spring into Creativity



Welcome to your Spring into Creativity pack

Welcome to this 'Spring into Creativity' box. We really hope that you and your child enjoy creating some wonderful artwork! During this lockdown we know how limited life has been. Art can be a real opportunity to escape from the worries of the pandemic and reconnect with inner creativity and harmony. Remember when your child draws a picture, paints a portrait, or hangs buttons from a wobbly mobile, your child is beginning to communicate visually, problem solve, develop socially, emotionally and let's not forget, enjoy themselves! So go for it, and Spring into Creativity!

Katie Charlton
Headteacher
Sandbrook Community Primary School



A note from Cartwheel Arts

Welcome to Spring into Creativity. We were delighted to be asked by some of the primary schools in Rochdale borough to develop this creative pack. We hope that you enjoy using it as much as we have enjoyed putting it together. The activities have been produced by our brilliant artists Anjum, Charlotte, Natalie, Oliver and Vicky plus some activities that we developed for the Rochdale Council Equalities Team. You should find almost everything that you need to carry out the activities in the box. Because the theme is spring, some of the activities have suggestions to go outside to collect natural materials like twigs and leaves, so always remember to check with your grown up first.

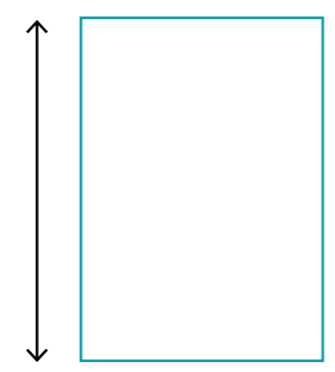
We would love to see your creations or hear your feedback so please do share them with us by email or on social media (see back page for details) and we will upload your artwork to our Draw the Day website drawtheday.org where you will find lots of other fun activities and make along videos to try.

Have fun,
The Cartwheel Arts Team

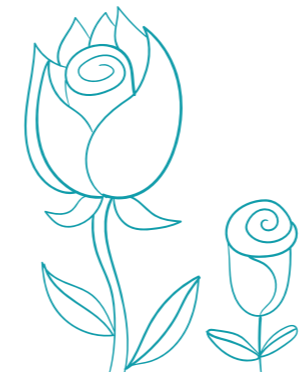
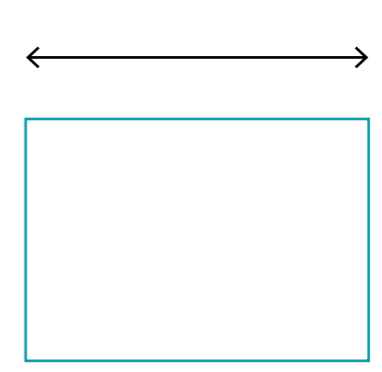
Many thanks to Allison Bamford and her team at Bamford Print in Heywood who assembled the packs. www.bamfordprint.co.uk and designer Lily Norwood www.lilynorwood.com for her wonderful designs.

Remember!

Portrait means this way up



Landscape means this way



High Five

Draw around your hand and fill it with collage, drawings or words to show all the things you like.

Materials

Paper	Magazines
Pens	Gluestick

Instructions

1. Draw around your hand with a pencil or pen on to an A4 sheet of paper.
2. Fill the outline with collage, drawings or words to represent all the things that you like.
3. To cut out shapes that fit your outline simply choose your pattern or coloured paper and draw around parts of your hand to cut out and stick down.



My Special Name

All of our names are special. Decorate a colourful piece of card with your name, make it as special as you are and display proudly.

Materials

Coloured card	Optional:
Felt tip pens	Use PVA glue or Gluestick and collage materials

Instructions

1. Take a piece of card and fold in half lengthways.
2. Write your name in big letters, decorate it using whatever materials you like.
3. Display the name on a table.

Group option:

This can be done with the whole family to celebrate each other's names.



Sunshine Shadow Puppet Theatre

Materials

For the shadow puppet theatre:

Cardboard cereal box
(or Spring into Creativity box)
Sticky tape
Scissors
Sheet of white A4 paper

For the four shadow puppets:

Black card
Sticky tape
Scissors
Four lolly sticks

Instructions

1. Take an empty cereal box and pull it apart so that it is flat
2. Draw a rectangle on the front section and cut it out and a curved shape at the top. Then draw a large U shape on the other side and cut out.
3. Tape the box back together inside-out so that it stands up.
4. Decorate your puppet theatre as you like, with felt tips, tissue paper and paints.
5. When painted, take a sheet of plain, white A4 paper and stick it at the back of the hole in the stage to make a shadow puppet screen.



Shadow Puppets

1. Cut out the shadow puppet shapes from the example sheet.
2. Attach each puppet to a lolly stick with sticky tape.
3. Use the black card to make more of your own puppet characters and make other backgrounds. Maybe a house shape or flowers to add to the scene of your shadow puppet show.



4. Hold the puppets up behind your puppet theatre and sunlight shines on to them from behind.
5. See if you can create a story about your characters or re-create a fairy tale that you already know. What do their voices sound like? What would they say? Where are they and what are they doing?

Tips: Try using your new shadow puppets in a different way. When the sun shines into your house and lights up a wall, put your puppets up to the wall to cast a shadow and bring them to life in your room. Try making shapes with your hands and hold them up to the wall to see what other shapes and types of creatures you could create. Instead of sunlight you could use a torch or a light.

Nature Weaving

Materials

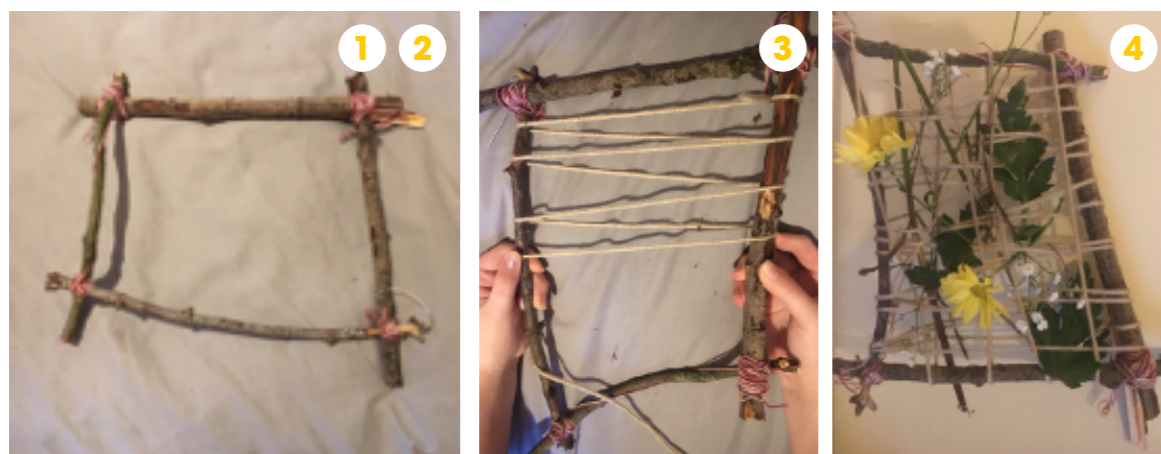
Four twigs, found in the garden, park or on a walk. (About 20 – 25cm each).

Wool or string (about 3m long) cut it into 4x 25cm and 1 x 2m length.

Twigs, leaves, grass, flowers or any other natural materials collected from the park, garden or on a walk.

Instructions

1. Take the four sticks that you found on your walk and lay them out so that they make a square, with each end overlapping the others.
2. Tie each corner together with the string/wool. Wrap the string around each corner several times, going in different directions and tie two or three times so that each corner is secure. This should look like a frame.
3. Use the long piece of string. Tie it to one of the corners and wrap it from top to bottom, along the length of the frame. These don't have to be straight and don't have to go in any particular direction. They could even go sideways. Then tie the other end of the string onto one of the corners of the frame.
4. Use your collection of twigs, leaves, flowers and grass to weave into your loom. Make it colourful and add different textures for interest.



Grow Your Own Cress

Cress is a really fun thing to have a go at growing, and you can grow it indoors just using kitchen roll and water!

Materials

Cress seeds

Kitchen roll or tissue

Instructions

1. Start by putting 2-3 layers of kitchen roll or tissue on a plate and wet them through (be sure to tip any excess water away though).
2. Sprinkle your seeds on top (give them each a bit of space to grow). If you've got some cling film you can pop this over the top but it doesn't matter if you haven't, just check the kitchen roll every day to make sure it stays wet – you'll probably need to add more water.
3. Pop the plate or Tupperware box (or any shallow dish) on a windowsill.
4. After a day or two the seeds should start to germinate (this means begin to grow a shoot).
5. Another week or so later your cress seeds should be around 1-2 inches high and they are ready to eat! Just cut the stalks off at the bottom and enjoy!



Feed the Dino

cup and catch game

Materials - For the cup creature

One sheet of coloured A4 card Sticky tape
One sheet of white A4 paper Scissors
Black felt tip

Instructions - For the cup creature

1. Take your piece of coloured A4 card and find a plate or a circular object to draw around. Try to make the circle as big as possible, but it still needs to fit on the card.
2. Cut out the circle and keep the leftovers to use later.
3. Fold the circle into quarters and then open it back up and lie flat.
4. Cut down halfway along one of the folded lines into the centre of the circle.
5. Curve the circle from the cut line, overlaying itself, until it makes a cone shape. Tape this together to hold it in place.
6. Flatten the cone and cut a curve shape along the top, to make the mouth of your dinosaur.
7. Draw teeth shapes onto the two leftover pieces of card. Use the curves shapes from the circle. Cut out the teeth and tape them onto the inside the mouth. (Cone opening)
8. Draw a dinosaur face onto the cone using felt tips. You could even draw a tongue on the inside of the cone.



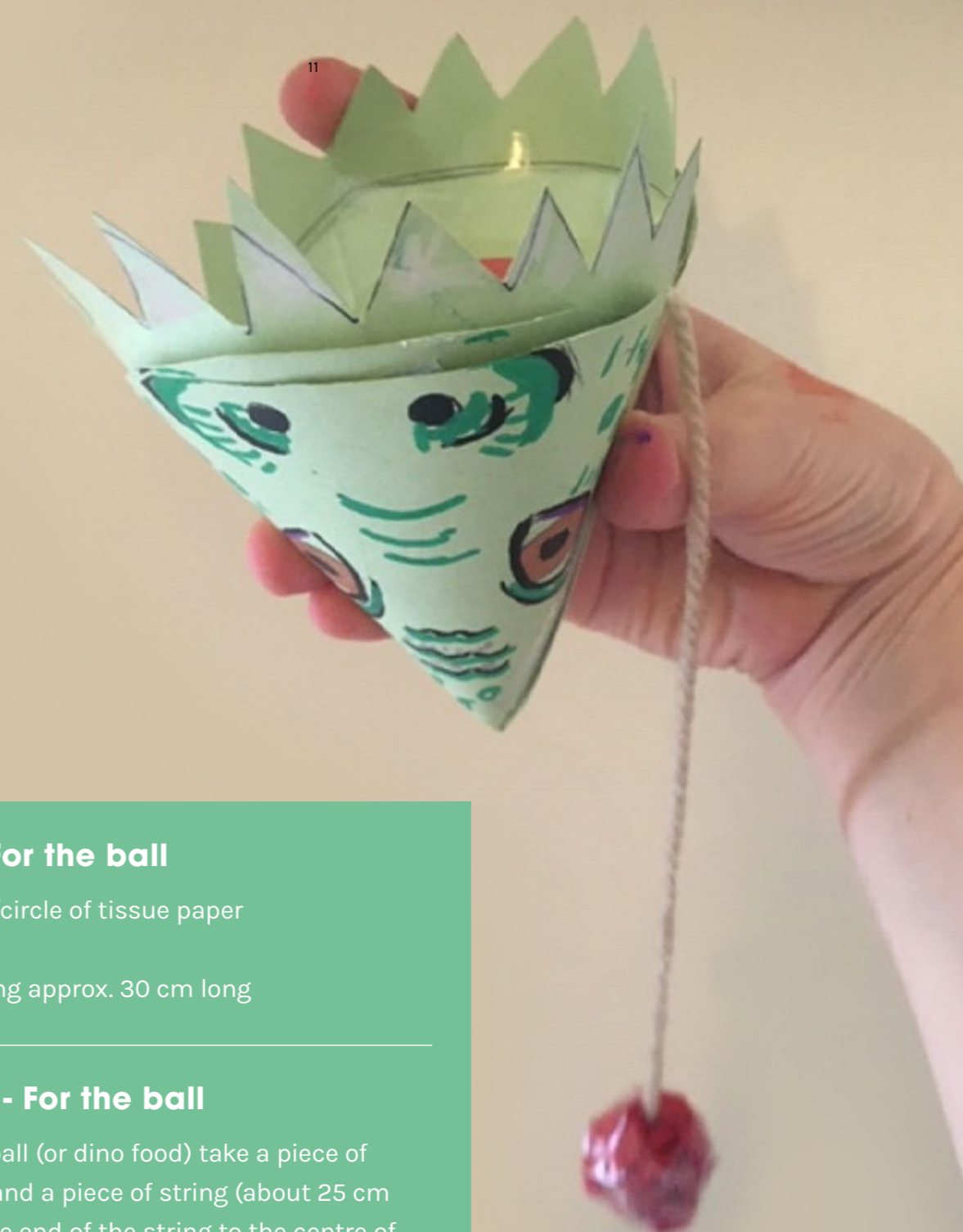
Materials - For the ball

One small piece/circle of tissue paper
Sticky tape
one piece of string approx. 30 cm long

Instructions - For the ball

9. To make the ball (or dino food) take a piece of tissue paper and a piece of string (about 25 cm long). Tape one end of the string to the centre of the tissue paper and then screw the paper up so that it hangs like a ball from the string. Cover your tissue paper ball in sticky tape. This gives it weight and holds it together.
10. Tape the other end of the string into the dino's mouth.
11. Then you are ready to feed your dino and enjoy your new game. A longer string will make it more difficult to catch the ball and shorter string will make it easier, so try different lengths until it works for you.

Top Tip:
You could make as many of these as you like with different characters. You could make a shark, or a chick eating grain, or a flower with a bee. Use your imagination to come up with some new ideas.



Animal Track Identifier

Animal tracks are often difficult to find, and there are so many different types of animals out there, you need to know what you are looking for.

On this page are some images showing four different animals that we might be able to track when we are out on a walk in the countryside or in a park.

Have a look at the different tracks of these creatures and then make some of your own animal tracks to print out.

Materials

1 sheet of A4 card
(or - you could swap this for corrugated cardboard if you have it in the house)
1 Glue Stick

Felt Tips
Paint
Scissors

Instructions

1. Choose one of the animal footprint templates on the Animal Tracking Sheet that you would like to use first. Copy the footprint shapes onto a piece of card provided. (You could copy them onto some corrugated cardboard if you have some at home.)
2. Cut out your shapes and lay them out onto another piece of card (or cardboard). Make sure you use the template so that these are laid out well and still look like the animal track.



3. Once you are happy with your track, use the glue stick to stick the different pieces down onto the card.
4. Make another track footprint for the other foot and do exactly the same.
5. Now you have your two footprints for your creature.
6. (Some creatures have four tracks, and have different shapes for the front and back paws, so if you want to go further, you could make all four feet.)
7. Cut out around the larger piece of card to make the full animal foot shape.
8. Now that you've made your tracks, you can create your own animal footprints. Paint onto your animal tracks in whatever colour you want and then press them onto a piece of paper so that they look like real tracks. Left, right, left, right!







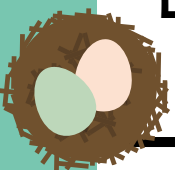
Tip: Use your animal tracking sheet next time you go for a walk. See which animal tracks you can spot and tick them off on the sheet.










SPRING HAS SPRUNG!

You will need: 2 players or 2 teams. Pens or Pencils

How to play: Complete a challenge, mark with an 'X', the first to get 4 in a row wins!

JUMP IN A PUDDLE 	SEE NEW BUDS ON A TREE	FIND A DAFFODIL 	WATCH THE CLOUDS MOVING
LISTEN TO BIRDSONG	FIND AN EGG SHAPED STONE	SIT UNDER A TREE	FIND AN INSECT  
FIND A BLUE FLOWER 	FEEL THE SPRING SUNSHINE	HEAR A BEE BUZZ 	TAKE A DEEP BREATH OUTDOORS
PRESS NATURE (SEE NATURE PRESS ACTIVITY)	LOOK UP TO FIND A BIRD'S NEST 	MAKE A LETTER USING STICKS 	SPRINKLE BLOSSOM LIKE CONFETTI 

PRESS NATURE (SEE NATURE PRESS ACTIVITY) 	SPRINKLE BLOSSOM LIKE CONFETTI 	LISTEN TO BIRDSONG 	SIT UNDER A TREE
LOOK UP TO FIND A BIRD'S NEST	FIND AN INSECT	MAKE A LETTER USING STICKS 	SEE NEW BUDS ON A TREE
JUMP IN A PUDDLE	TAKE A DEEP BREATH OUTDOORS 	FIND A BLUE FLOWER	WATCH THE CLOUDS MOVING 
FEEL THE SPRING SUNSHINE	FIND AN EGG SHAPED STONE	FIND A DAFFODIL 	HEAR A BEE BUZZ

Find Your Spring Poem On A Walk

Materials

Paper or notebook

Pencil or pen

Instructions

1. Take a pen or pencil and a piece of paper or your notebook.
2. Make a list down one side of a page or the paper of the 5 senses.
3. Decide where you want to go for a walk outside to look for spring and get ready.
4. Take your paper or notebook and pen/pencil with you in your pocket or bag.
5. See which one of these 5 senses you can remember as you walk.
6. Think of the senses as you walk one by one, for example, see, what can you see about spring, look around, see everything whilst walking for a minute or two. Do this with each of your 5 senses, sounds, smell, taste of spring, do you feel cold, warm, happy?
7. Find a place to stop, take out your list of senses and write next to each what you felt. For example, what can you see...birds, sky, flowers, trees...do this for each sense on your list.
8. Now its time to walk back and feel your senses again, this time, all five at once.
9. When you get home, make all the words you have about your senses into sentences.
10. Add any new words or sentences you thought of on your way home.
11. Was it fun, relaxing, did it make you happy, add your feelings to your list.
12. You have your poem you found on your walk today!

Like this:

See
Hear
Taste
Smell
Feel

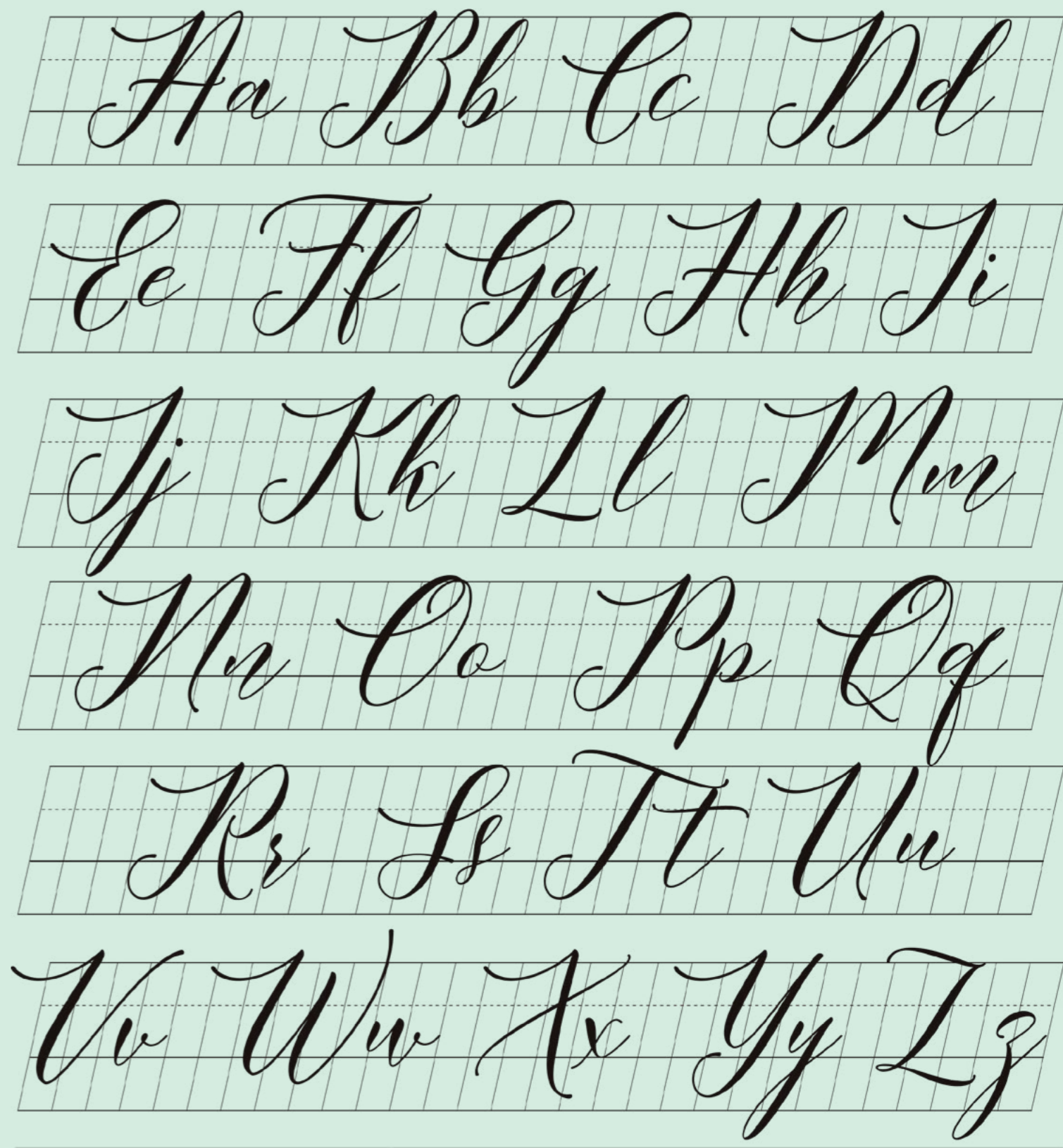
Write Your Spring Poem

Materials

- Paper or card
- Pencil or pen
- Brush with paint
- Calligraphy examples chart

Instructions

1. Take your Spring poem
2. Write out the words or sentences using the calligraphy chart or your own design.
3. You can use different coloured pens or paint or just use one colour like black.
4. Calligraphy is like using your best decorative handwriting.
5. You can add these to the flowers or cards you have made in the other activities.
6. Use just one or two of your favourite words or whole sentences.
7. You decide, it's your poem, it can be a bunch of words on flowers or a card poem.
8. Give your poem as a present or put on your window for everyone to see on their walk.



Paper Straw Spring Flower Bouquet

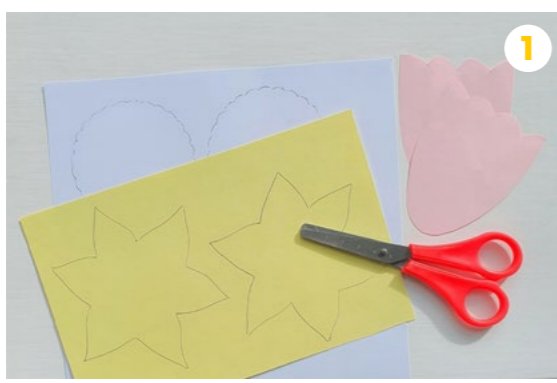
Materials

3 x paper straws
Colourful paper
Scissors

Glue
Flower templates

Instructions - makes 3 flowers

1. Using the flower templates and a pencil, draw around each flower shape on the colourful paper. You'll need two of each flower shape per straw. (see photo no 1)
2. Cut out your shapes.
3. Using the leaf template, draw around and cut out some long leaf shapes on the green paper.
4. Add some glue to the end of the leaves and twist around the base of the straw. (see photo no 2)
5. Add glue to one side of each flower and sandwich together with the top of the straw inside (see photo no 3)
6. You can add extra colour, lines and details with some pencils or felt tips. Have a think about the different parts of the flowers - petals, pollen, even the bugs that visit them!
7. Place in a cup or pot to decorate your room or give to someone special as a lovely gift - you could even tie a piece of ribbon around them!



Welcome The Spring Wreath

Materials

Coloured paper

Glue

Scissors

Leaves

Card

Sticky tape

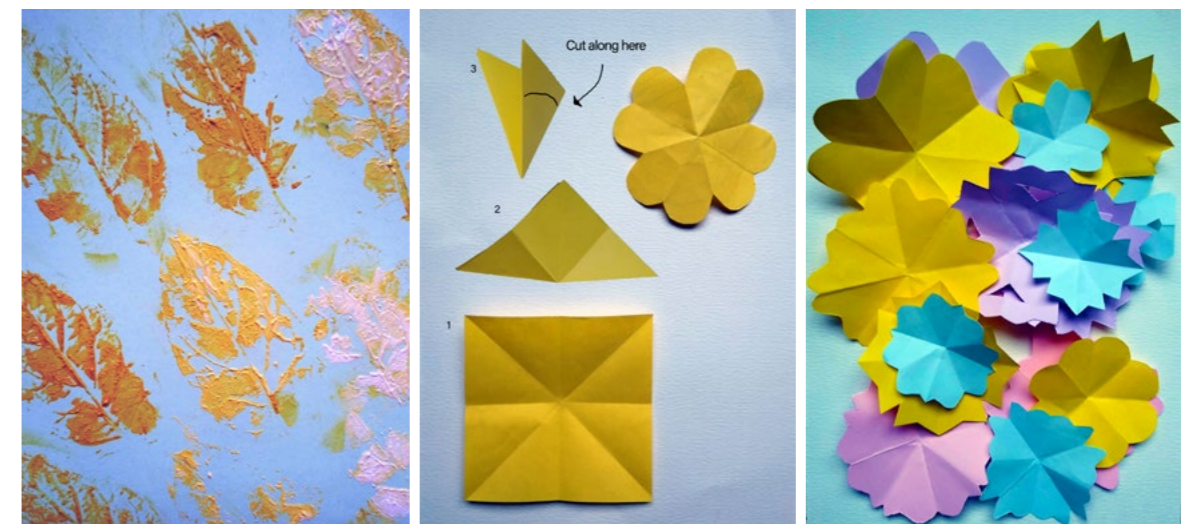
String

Paint



Instructions

1. Go and collect leaves - make sure to get sturdy leaves and try to get some big ones.
2. Paint the surface of the leaf with a colour of your choice.
3. Put the leaf onto the coloured paper painted side face down and rub the back pressing down quite firmly. Try to be gentle in case you break the leaf and make sure you rub all the way to the edges!
4. Repeat this with other colours as many times as you would like.
5. While waiting for all the leaf prints to dry make some paper flowers. You can make these by drawing them yourself or you can follow the instructions on the photograph to make snowflake flowers.
6. Carefully cut out all your prints of leaves and your flowers.
7. Decorate your flowers with patterns if you would like to.
8. Take the card out of your pack or use a larger piece of card from a cardboard box like a cereal box. Get something circular to draw around - like a big plate. Draw around the plate so you have a large circle that fills up your piece of card.
9. Take a smaller plate and draw another circle in the inside on the large circle so you have a circular band about 8cm wide.
10. Cut out this circle - you might need a bit of help from a grown up for this.
11. Start to stick your leaf prints onto your cardboard ring in an arrangement that you like. Overlap them so you don't see any of the cardboard ring.
12. Add in some of your real leaves if you would like to, the painted ones will look nice as well.
13. Tie some string through the wreath so you can hang it in your home.



I See Spring Nature Walk

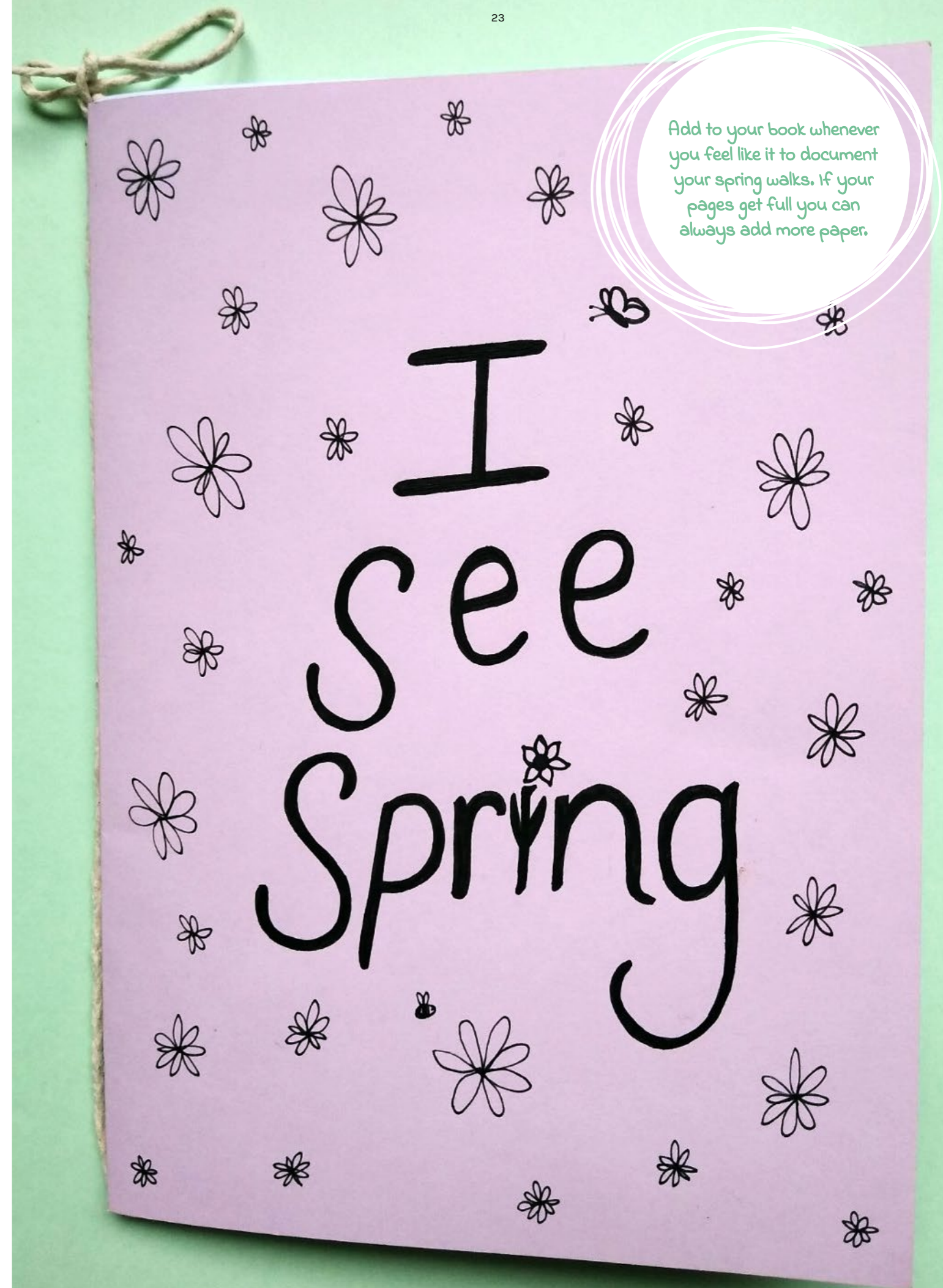
Materials

Coloured paper
White paper

Pencil Crayons
String

Instructions

1. Take a few sheets of A4 paper and fold them in half.
2. Take a piece of string and tie it around the centre of the paper to make a small book
3. Decorate the front of your book.
4. Go for a walk outside.
5. Try and find flowers starting to bloom , see if you can find any birds. Have a look up at the sky and look at the shapes of the clouds. What colour is the sky today?
6. When you get home try and remember what you have seen and draw pictures of them in your book.



Here Comes The Sun

Materials

1 piece of yellow paper

1 piece of orange paper

1 piece of any other paper white or coloured

Glue

Scissors

Pen

Instructions

1. Take some yellow and orange paper. Put your paper in landscape and draw diagonal lines across the page starting from the bottom left hand corner all the way up to the right hand corner.
2. Cut these out to make your sun rays
3. Take a plate smaller than your A4 paper and draw a circle around it and cut it out.
4. Take a piece of paper in whichever colour you like
5. Position the yellow or orange circle you have cut out in one of the bottom corners allowing the circle to hang over the paper.
6. Trim the excess paper .
7. Add your sun rays around your cut circle to create your sunshine.
8. If you want to give this as a card to someone, fold your picture in half horizontally and write inside.
9. Write 'Here Comes the Sun' on your sunshine. Ask a grown-up to help or copy the writing on the opposite page.



Here comes the sun

Here
Comes
The
Sun

Here
Comes
The
Sun



Collage Creatures

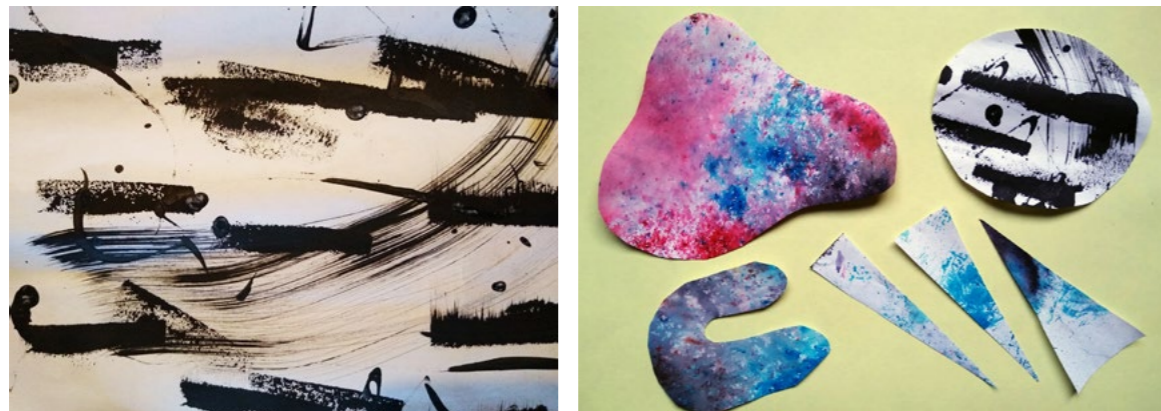
Materials

Paint
Paper
Glue

Leaves
Pens
Googly Eyes

Instructions

1. Take a sheet of paper and make marks on it with one colour of paint.
2. Repeat with a different colour of paper and paint and make different marks.
3. Repeat as last time so you have 3 pieces of paper that are different colours and have different marks on them.
4. When they are dry, turn over your paper and draw random shapes on the back, make them different sizes and shapes.
5. Cut these out.
6. Get another piece of paper and start to arrange your cut out shapes into creatures, keep moving them around until you are happy with them.
7. Glue them down and add a face, arms and legs to your creature. If you don't have googly eyes draw your own.
8. Create a world for your creature by adding drawings to the background. You can even add real leaves and flowers if you like.



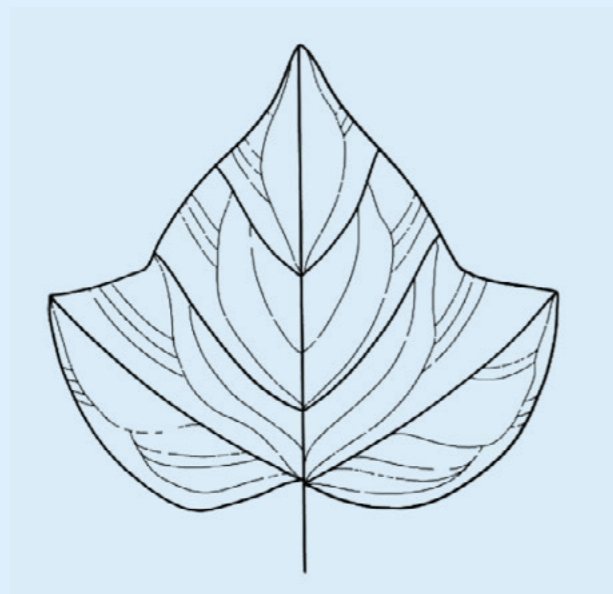
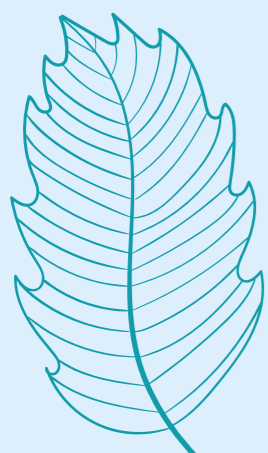
Nature Patterns

Materials

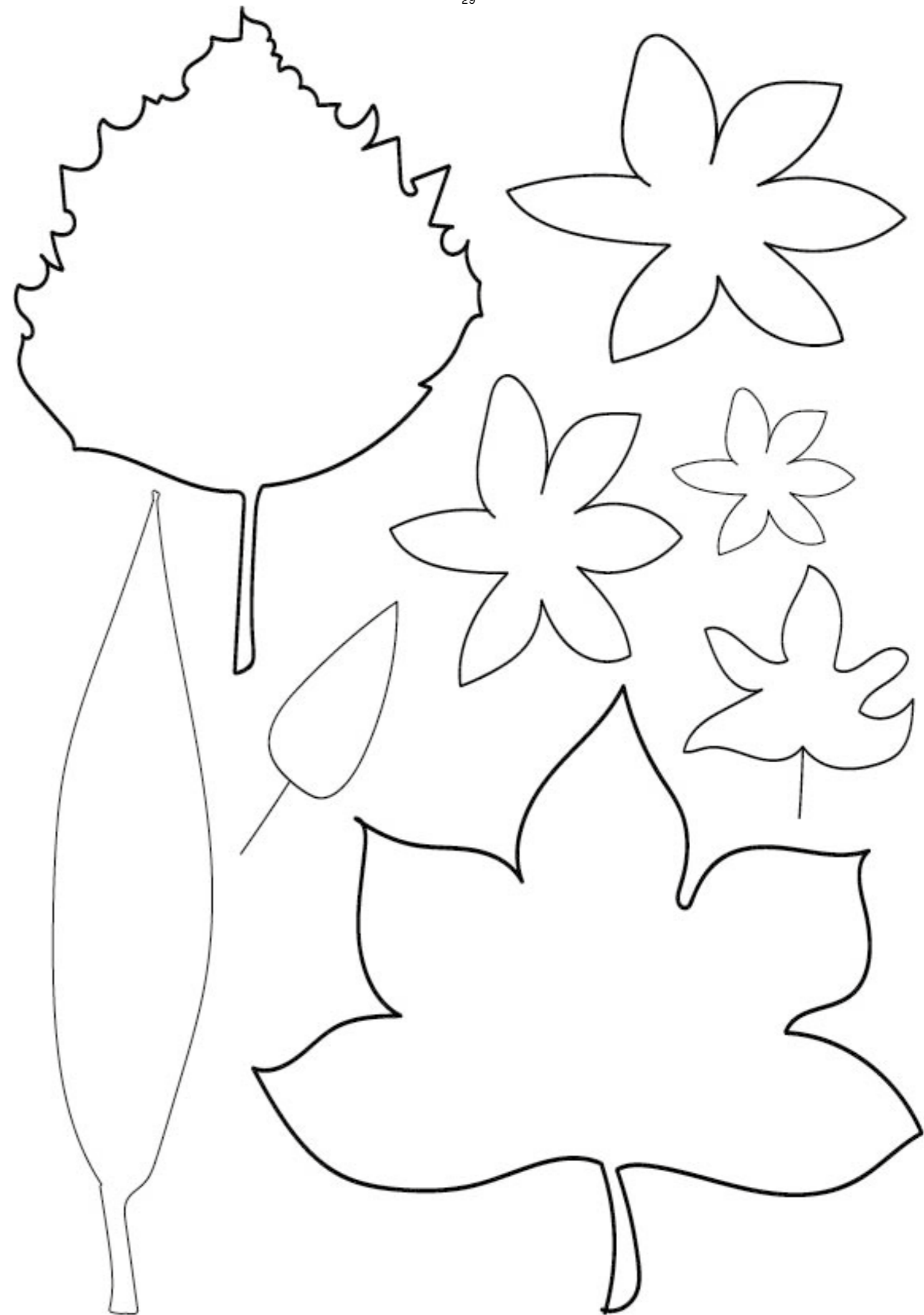
Paper
Pens or Pencils

Instructions

1. Trace around the templates onto your paper
2. Taking inspiration from your spring walks look at all the patterns you can find in nature.
3. Add these patterns to your templates trying to copy all the details you can see.
4. Use different colours and experiment.
5. Repeat as many times as you would like.



Spring into Creativity



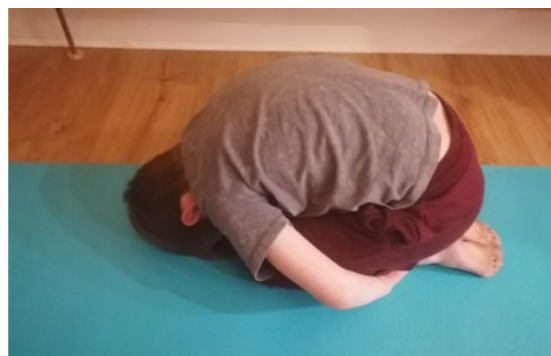
Let's Get Moving

Remember: Always listen to your body and stop if any of these movements feel uncomfortable. Stretch slowly and remember to keep breathing as you move!

1. **Start with a full body stretch** – lie on the ground and stretch your arms up over your head and point your toes. Make yourself as long as possible.



2. **Hedgehog ball!** Now scrunch yourself up into a tiny ball. Hug your arms and legs in and see how small you can make yourself.



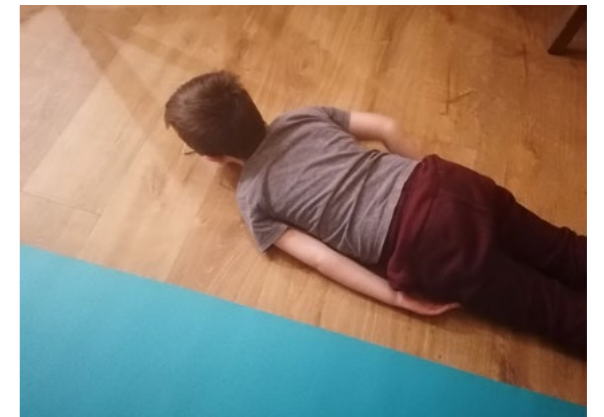
3. **Butterfly wings** – stand up and gently raise your arms above your head and then gently lower them back down to your side. Do you look like a butterfly flapping its wings? Try it faster and slower and see which feels most comfortable for you



4. **Make yourself into a crocodile!** Lie down on the floor on your side and support yourself on your elbow. Now raise one leg up towards the sky and then gently lower again – do your legs look like a crocodile's mouth opening and closing? Swap sides and try the other leg too.



5. **Snake-y slide!** Lie on your stomach and then slither and slide your way across the room.



6. **Can you touch your toes?** Stand up straight and then lean over to touch your toes with your fingertips (you might need to bend your knees a bit to reach comfortably)



7. **Hibernation!** Lie on your back with your hands out to the side and take a moment just for you. Can you count backwards from 10 down to 1? When you get to one, begin to slowly move like a bear just waking up from hibernation in the spring. Start with a slow body stretch and gently begin to move your arms and legs. When you are ready sit up, and then after a moment or two begin to stand.



Mini Nature Press

Capture your spring nature finds in this portable press. You can press (flatten, dry and preserve) flowers, petals, seeds, grasses, herbs, feathers and leaves!

Remember...

Always take an adult with you when picking your items from nature.
Watch out for nettles, brambles and spikey things!
Always ask permission if taking items from someone's garden.
Only take one or two of each item - leave plenty for insects and creatures to eat or live in!

Materials

Cardboard box
(you can use the one your pack was delivered in)
Nature Press template
Scissors

Glue stick
Pencil crayons or felt tips
for decorating
Elastic band

Instructions

1. First, decorate your Nature Press template front and back cover with colourful pencil crayons or felt tips.
2. Cut out your Nature Press template and 2 x sheets for inside your press.
3. Using your Nature Press template to draw around so that it is the same size, cut out a rectangle from the cardboard box.
4. Fold your cardboard rectangle in half to form a 'book'.
5. Fold and glue your press template as a front and back cover.
6. Pop in your two smaller sheets (you can add more if you wish in the same shape, or even some rectangles of cardboard) to form your pages to press the items in between.
7. Find some beautiful natural items to press in your garden or out in nature. Place them in between the sheets and keep in place with the elastic band.
8. Leave for as long as you can, but a minimum of a few days. Be patient!
9. Take a look at your pressed finds! Why don't you create some natural art by glueing your pressed items onto paper or card - have fun creating different patterns and shapes! Or use to decorate around a poem or story about spring.



Tips:

Pick your items on a dry day so your finds aren't wet when placed in your press.
You could place your press under some books for extra pressing!



Make Your Own Bird Eggs!

On your walks outdoors keep your eyes peeled for oval shaped stones and rocks that you could turn into beautiful eggs!

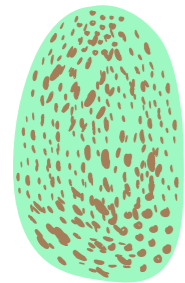


Materials

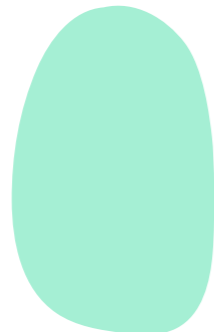
Some oval shaped stones
Paint
Paintbrush

Instructions

1. Once you have found your stones, take a look at our guide to some of the different eggs that British birds produce - think about at all the different sizes, colours and patterns.
2. Choose your base colour and using your paintbrush, cover your stone in an even layer of paint. You will need to wait for the coat to dry before painting another layer or two.
3. Once dry, add any extra details like speckles or even cracks using another paint color.



BLACKBIRD



STARLING



MAGPIE



GOLDFINCH



Why don't you...
Find small twigs to
create a nest for your
bird eggs?

Our Artists

Anjum Malik is a poet and script writer. She loves writing poems, stories, dramas in different languages. She can help you find your spring poems by going on a walk anywhere outside, on a street, in a park, in your back yard and write it out like a calligrapher, that is decorative writing using any pencils, pens or a small brush with paint.

Natalie Linney specialises in eco print & natural dyes. Using natural and man-made objects found outside she creates print & colour utilising ancient dyeing techniques. Find out more at www.talielinseed.co.uk

Vicky Lomax is a freelance visual artist and puppeteer. She works with schools and community groups of different cultural backgrounds and ages to bring new creative opportunities to all through interactive puppet making workshops and live puppetry performance.

Yan Tan Tethera: Oliver & Charlotte specialise in Storytelling, Environmental Interpretation and Community Engagement. They love stories. They love nature. So they combine the two to engage audiences young and old. Find out more at <https://www.yantantethera.org>.

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